

July 14, 2020

Currently, Colorado is under “Safer at Home” orders. During this phase, susceptible populations are strongly recommended to refrain from participating in any public gathering. The next stage of opening is called “Protect our Neighbors.” Even under this framework, we must continue to protect and support people who are at increased risk for severe illness from COVID-19, including older adults and people with underlying medical conditions. *With these recommendations from our State we recommend that you refrain from attending our show if you fall into one of the categories below.*

Who is Most at Risk?

Certain individuals are at higher risk for adverse health complications if they contract this virus.

This includes:

- Those who are over age 65
- Those who have chronic kidney disease
- Those who have COPD (chronic obstructive pulmonary disease)
- Those who are immunocompromised (weakened immune system) from a solid organ transplant
- Those who have obesity (body mass [BMI] of 30 or higher)
- Those with serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies
- Those who have Sickle cell disease
- Those with Type 2 diabetes mellitus

Those who might also be at increased risk include:

- Those with asthma (moderate-to-severe)
- Those with cerebrovascular disease (affects blood vessels and blood supply to the brain)
- Those with cystic fibrosis
- Those with hypertension or high blood pressure
- Those with an immunocompromised (weakened immune system) state from blood or bone marrow transplant, Immune deficiencies, HIV, use of corticosteroids, or use of other immune weakening medicines
- Those with neurologic conditions, such as dementia
- Those with liver disease
- Those who are pregnant
- Those who have pulmonary fibrosis (having damaged or scarred lung tissues)
- Those who smoke
- Those who have thalassemia (a type of blood disorder)
- Those who have Type 1 diabetes mellitus

For more information and recommendations for those who are at higher risk, visit the [CDC website](#).